



# BALANCED

MIND • BODY • LIFE

Dr Meg Scanlan, Clinical Psychologist

## Treatment Consent Form

### Conditions of Psychological Treatment

**Psychological Service:** As part of your psychological assessment and treatment, Dr Meg Scanlan will collect and record personal information relevant to your current situation.

**Access:** You may access the material recorded in your file upon request, subject to the exceptions in National Privacy Principle 6, copies of which are available on request.

**Confidentiality:** All personal information gathered by Meg Scanlan remains confidential **except if:**

- Subpoenaed by a court; or
- Failure to disclose the information would place you or another person at risk; or
- Your prior approval has been obtained in writing (e.g. in order to discuss your treatment with your GP).

**Fees:** The fee for a one-hour consultation is \$170. Clients on a Mental Health Care Plan are able to claim a Medicare rebate of \$124.60 for their first ten sessions each year. The rebate can be claimed at the time of consultation. Bulk Billing may be possible in situations of financial hardship at Meg's discretion.

Unfortunately, ten sessions are sometimes not sufficient for the completion of a full course of psychological therapy. If your mental health condition is longstanding, complex (e.g. Anorexia Nervosa), and/or you have multiple difficulties to address, it is a good idea to discuss this at the commencement of therapy. In such cases, sessions for which the rebate is claimed can be staggered in order to spread out the out-of-pocket expense more evenly.

**Cancellation of Appointments:** If you are unable to attend your appointment, please call Meg on 6224 4443 or e-mail [dr.meg.scanlan@gmail.com](mailto:dr.meg.scanlan@gmail.com) and let her know as soon as you are aware. This means that the appointment can be offered to a client on the waitlist. If there have been three instances of non-attendance or repeat cancellations Meg reserves the right to not schedule any further appointments and refer you back to your GP. There is no cancellation fee for the first missed appointment as we all have unexpected circumstances from time to time. However, repeatedly missed appointments impact the practice financially. Therefore, there is a \$40 cancellation fee for the second missed appointment and for any that occur subsequent to this.

**Charter for Clients of Psychologists:** Please review the attached page that explains your rights as the client of a psychologist.

If there is anything written on this page that you do not understand, please discuss it with Meg before you sign this form.

**Consent:** I, \_\_\_\_\_, have read and understood the above Consent Form. I agree to these conditions for the psychological services provided by Meg Scanlan.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_